



Please Join Other Park and Trail Professionals for a FREE Educational Seminar on new Trail and Park Practices to Engage Children with Nature!

PRESENTED BY:



Seminar Topics:

[NatureGrounds: Best Practices for Creating Naturalized Playgrounds](#)

Research reveals a strong link between children’s experiences in nature and their psychological well being and overall development. It is important that we encourage outdoor play and find ways to reconnect children with nature. This session will discuss research based benefits of integrating the manufactured play environment with the living landscape, demonstrate how to implement best practices of naturalized design, and discuss strategies for overcoming potential barriers to infusing the living landscape in existing and new playgrounds.

[Pathways for Play:](#)

[Encouraging Healthy Lifestyles for Children, Families, and Communities](#)

Discover how to maximize use and recreational value of trail and greenway systems by making them FUN and enjoyable for intergenerational users! Come explore best practice guidelines for designing pathways that intentionally infuse play value, promote physical activity, provide fun learning opportunities, and engage children and families with nature.

When: Wednesday, July 27th

- 10:00 a.m.– Welcome & Registration
- 10:30 a.m.-12:00 p.m. NatureGrounds Session
- 12:00 p.m.-12:30 p.m.– Lunch provided by GameTime
- 12:30-2:00 p.m. Pathways for Play Session

Lunch, resources, giveaways, and certificates of completion will be provided.

Location:

**Foothill Community Center
Sunrise Recreation and Park District
5510 Diablo Drive
Sacramento, CA 95842**

Please RSVP and send questions and/or special requests to:

Jamie Thompson
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HOSTED BY:



California Park and Recreation Society



PRESENTER:

[Lisa Moore](#)
V.P. of Corporate
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